



Renounce a vice

in January



www.medicaldetectiondogs.org.uk/renounce-a-vice

**Medical
Detection Dogs**



Patron: HRH The Duchess of Cornwall



Renounce a vice, in January for Medical Detection Dogs

May it be alcohol, or coffee, or junk food, or whatever you think is bad for you, convince friends, family and colleagues to sponsor you to renounce a vice for the month of January.

No one said that renouncing a vice was going to be easy. Only the strongest will see it through to February. That's why we have put these tips together to make the 31-day challenge a little easier:

- **Don't go it alone!**

You don't have to go it alone. Gather your friends and family. They can either join your vice squad or if not then get them to sponsor you instead.

Don't forget that Medical Detection Dogs fundraising team are on hand to offer support, all you need to do is email fundraising@medicaldetectiondogs.org.uk.

- **You're doing something amazing for charity**

Even though renouncing a vice can be tough, just think of the cause that you are supporting. Your month of being good will mean that we can train more dogs to save and change lives. Stay focused on the cause to keep you strong.

- **Think of what you can achieve**

31 days of renouncing your vice means you're doing something amazing for Medical Detection Dogs – but you may also save money and get fitter and healthier in the process.

- **Shout about it**

You are doing something special for Medical Detection Dogs. We want everyone to know how brave you are being, so, send lots of emails and put it on Facebook. Tell everyone you know you've signed up to Renounce a Vice. The more people that know you're doing it, the more money you'll raise.

- **Mishap Card**

We know that a month is a long time – and we know that sometimes life means you might have the odd slip up. So, we have created the Mishap Card. It's your get out of jail card, a chance to have a slip up, and eat that junk food or have that beer. But it doesn't come for free – Simply acknowledge your slight mishap and donate £5 to your online fundraising page.



Mishap Card

Describe your vice	Date	I have donated £5 online (please tick)



Renounce a vice

in January

Support Medical Detection Dogs by texting a donation. Simply send SNIF11 £3 to 70070 to make a £3 donation

Please support me

Name:.....

I am giving up:.....

in aid of Medical Detection Dogs for the month of January

My fundraising page:

Sponsorship form

Please sponsor me (to be completed by fundraiser) PLEASE COMPLETE IN BLOCK CAPITALS

Title: Forename: Surname:

Address:

.....

..... Postcode:

Telephone/Mobile: Date of birth (if under 18):

Email:

I am taking part in: **Renounce a vice, in January**

If I have ticked the box headed 'Gift Aid? ✓', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Medical Detection Dogs to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

giftaid it

Remember: You must provide your full name, home address, postcode & '✓' Gift Aid for the charity to claim tax back on your donation.

Full Name (First name and surname)	Home address (Only needed if you are Gift Aiding your donation), Please don't put your work address here)	Postcode	Amount £	Date paid	Gift Aid? ✓	Please send me information about Medical Detection Dogs*
E.g. Joe Bloggs	1 My Street, My Town, My County,	POSTCODE	£10	dd/mm/yy	✓	✓

Total of this page

Well done! Keep going! Turn over for more sponsorship spaces.

*We'll keep you up to date about Medical Detection Dogs by email or post. Please remember that you can always change your mind about receiving information from us at a later date.



Registered Charity in England and Wales No. 1124533
and in Scotland No. SC044434

**Medical
Detection Dogs**



Patron: HRH The Duchess of Cornwall

Sponsorship form

Full Name (First name and surname)	Home address (Only needed if you are Gift Aiding your donation), Please don't put your work address here)	Postcode	Amount £	Date paid	Gift Aid? ✓	Please send me information about Medical Detection Dogs*
E.g. Joe Bloggs	1 My Street, My Town, My County,	POSTCODE	£10	dd/mm/yy	✓	✓

Thank you for your support.

Total of this page

Total of page one

Date donations given to Charity:

GRAND TOTAL

Cheques should be made payable to Medical Detection Dogs and sent to:

Medical Detection Dogs, 3 Millfield, Greenway Business Park, Winslow Road, Great Horwood MK17 0NP

Download further sponsor forms online.

Medical Detection Dogs respect your privacy and where we hold and process your personal data, we do so in accordance with the UK Data Protection Act 1998. We collect information because we rely on the support of people like you to help us deliver the amazing work we are doing.

We may use your information in a number of different ways, these can include:

- sending you news about the charity and its work – including marketing information;
- informing you of fundraising opportunities and activities;
- communicating with you about volunteering opportunities and activities;
- informing or inviting you to events;
- asking your opinion on various matters relating to the charity and the work we do.

While we hold your information we will keep it safe and secure and we will never share it with a third party unless that person, or organisation, is working with us to deliver a key piece of work directly related to our charitable services or a legal organisation with the rights to demand that information. Any person, or organisation, working with us is forbidden to use your information for their own purposes.

If you are happy with this you need do no more, if, however, you would rather we did not contact you please let us know by checking the box ☐



Registered Charity in England and Wales No. 1124533
and in Scotland No. SC044434



Patron: HRH The Duchess of Cornwall

Thank you for supporting



3 Millfield, Greenway Business Park, Winslow Road,
Great Horwood, Milton Keynes, MK17 0NP

operations@medicaldetectiondogs.org.uk
www.medicaldetectiondogs.org.uk | 01296 655888



Registered Charity in England and Wales No. 1124533 and in Scotland No. SC044434



Registered with
**FUNDRAISING
REGULATOR**